



ATELIER ESTHETIQUE

INSTITUTE OF ESTHETICS®

EST. 1985



Master Esthetics Training Full-time 24-Week Program

At a Glance

For 35+ years, Atelier Esthetique Institute has been one of the country's prestigious and innovative educational facilities in the skin care industry. Our hands-on training is led by a faculty of industry-experienced professionals.

Program Highlights

The Master Esthetics Course at Atelier Esthetique offers a wide range of training that covers basic and advanced esthetics services. Students who enroll in this course will be prepared to sit for the NY State licensing exam for Esthetics after completing the 900-hour course.

Upon licensure, graduates can apply to work in specialty skin care areas such as Clinical Esthetics, Paramedical, Medical, and Medi-Spa settings.

Curriculum Overview

This course is only offered with a full-day schedule, 100% on campus and in person, and can be completed in 24 weeks.

The Master Esthetics Course includes all of the theory and hands-on training requirements for estheticians who pursue licensing in New York State while expanding into advanced topics in the areas of medical and lifestyle assessment, assisting the physician, and spa and business management. Students also receive advanced facial and body treatment training including Cryofacial, advanced masking, and targeted LED light therapy. Additional training is also provided for a host of popular procedures including Chemical Exfoliation, Microdermabrasion, Microcurrent Technology, Laser/IPL Hair Removal, and more.



Contact us for more information!



www.AEInstitute.net



212.725.6130



226 W 26th Street, 7th Floor - NYC - in the heart of Manhattan

Master Esthetics Course Curriculum

*Subjects may be taught in any order within sections.

Section I	Total Hours
1. Orientation (includes 1 hour state-mandated harassment training)	5
2. Safety & Health (New York State Appearance Enhancement Law)	8
3. Infection Control (Bacteriology)	18
4. Anatomy & Physiology	30
5. Nutrition for Healthy Body & Skin	5
6. Structure & Functions of the Skin	18
7. Skin Diseases & Disorders	12
8. Skin Analysis	18
9. Chemistry (includes 3 unassigned hours)	6
10. Chemistry as Applied to Esthetics (Products: ingredients & selection)	21
11. Facial Treatments: Client Preparation & The Treatment Room	24
12. Electricity & Equipment* (includes 5 unassigned hours)	23
13. Facial Treatments: Basic Facials	18
14. Facial Treatments: Facials	94
Total Section I	300

Section II	
15. Superfluous Hair Removal	60
16. Make-Up Techniques*	50
17. Make-Up Techniques: Eyebrows & Eyelashes	20
18. Facial Treatments: Facial Massage*	24
19. Facial Treatments: Facials	18
20. Introduction to Advanced Esthetics (Paramedical)	9
21. Body Procedures (No Machines)	15
22. Career Skills (Career Planning)	12
23. Business Practices (The Skin Care Business)	30
24. Facial Treatments* (includes 15 unassigned hours)	62
Total Section II	300

Section III	
25. Safety & Health and Microbiology*	15
26. Advanced Anatomy & Physiology	15
27. Advanced Histology of the Skin	15
28. Medical & Lifestyle Assessment and Nutrition*	7.5
29. Clinical Skin Care*	15
30. Advanced Skin Analysis & Skin Typing*	7.5
31. The Aging Process*	7.5
32. Diseases & The Esthetician*	15
33. Advanced Facial Treatments*	22.5
34. Advanced Body Treatments*	15
35. Masks*	7.5
36. Advanced Make-Up*	15
37. Aromatherapy*	7.5
38. Advanced Mechanical & Electrical Devices*	37.5
39. Microcurrent Technology*	15
40. Microdermabrasion*	15
41. Advanced LED Light Therapy*	7.5
42. Chemical Exfoliation*	15
43. Assisting the Physician*	7.5
44. Professional Conduct*	7.5
45. Spa Management & Business Skills	15
46. Overview / Testing Esthetics Theory & Skill	15
Total Section III	300

Total Hours - Master Esthetics Course	900
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