



Atelier Esthétique
Institute of
Esthetics

386 Park Avenue South New York, NY 10016

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Fax 212-634-6268

www.AEInstitute.net

ADVANCED CLASS OFFERINGS
2010

75-HOUR ESTHETIC LASER SPECIALIST

10 days of training and a complete program of Theory and Hands-On Practice in Hair Removal and/or Skin Rejuvenation. Or, Week One, 5 day Laser/IPL Hair Removal Course and a separate, Week Two, 5 day Laser/IPL Skin Rejuvenation, Hyperpigmentation, Spider Veins, Redness Course.

Students Will Learn:

- On different state-of-the-art laser and IPL machines
- Laser Safety (Laser Safety Officer Training)
- Laser and IPL Hair Removal
- Photofacial
- Skin Rejuvenation
- Working with Live Models

Sunday –Thursday, 10:00AM – 6:00PM

FALL 10/17-28/2010

Educational Expenses:

Registration Fee (non refundable)..... \$ 100.00
Educational Materials and Hand-Outs
Including 8.38% Sales tax..... \$ 250.00
Tuition..... \$ 4650.00
Total Cost \$ 5000.00

OR take the two sections separately at:

Registration Fee (non refundable).....\$ 100.00
Educational Materials and Hand-Outs
Including 8.38% Sales tax..... \$ 250.00
Tuition..... \$ 2400.00
Total Cost \$ 2750.00

Manual Lymphatic Drainage (MLD)

Course 1: Dr. Vodder's Basic Neck & Face

20 Hours - CERTIFICATE AWARDED WILL BE RECOGNIZED BY THE DR. VODDER SCHOOL OF AUSTRIA

Course Offering includes:

Easily incorporated into a repertoire of basic skin care, Dr. Vodder's Manual Lymphatic Drainage (MLD) encourages the elimination of metabolic waste while accelerating the flow of fresh oxygen and nutrients. Lecture details the basic anatomy and physiology of the lymph vessel system, MLD's effects, indications and contraindications. Practical training includes instruction in neck and face routines. (20 hours)

MLD is the perfect bridge between esthetics and therapy - a modality which delivers relaxation, rejuvenation, detoxifying drainage and skin healing. Perfect for post-surgery face and neck swelling.

You will learn (theory and practical)

- function of the lymph system
- mobilizing lymph
- detoxification
- lymphatic vessels and their locations
- clinical case studies
- indications and contraindications

Taught by: Anne Bramham

A respected industry mentor with more than thirty years of professional experience as a consultant, designer and trainer of spa & esthetic therapies, Anne Bramham is the founder of ASTECC (American Spa Therapy and Education Certification Council) and an instructor for the Dr. Vodder School of North America. Anne has introduced Dr. Vodder's training to top spa destinations throughout the US including the award winning Montage Resort and Spa and Canyon Ranch. With extensive

experience in all facets of skin care including post cosmetic surgery, Anne's teaching explores the many applications of MLD.

October 10-12, 2010 (Sunday & Monday: 8:30AM-5:30PM; Tuesday 8:30AM-12:30PM)

Watch for the Fall Class Date

Educational Expenses:

\$595, Includes the \$55 DVD, Workbook and Vodder Licensing Fee

Manual Lymphatic Drainage (MLD)

Course 2: Dr. Vodder's Advanced Neck & Face

20 Hours - CERTIFICATE AWARDED WILL BE RECOGNIZED BY THE DR. VODDER SCHOOL OF AUSTRIA

Course Offering includes:

Designed to broaden understanding of the lymph vessel system and to introduce specific therapeutic techniques, Advanced Neck & Face focuses on skin rejuvenation, pre and post cosmetic surgery and the treatment of common conditions such as acne, rosacea and skin irritations. (20 hours)

October 12-14, 2010 (Tuesday: 1:30PM-5:30PM; Wednesday & Thursday: 8:30AM-5:30PM)

Watch for the Fall Class Date

Educational Expenses:

\$525

Sign up for both Course 1. Basic and Course 2. Advanced Classes and Save \$100.00

Paramedical Esthetics

75 Hour Diploma Course

Take your career to a new level, earn more money, extend your potential to new heights.

Develop the skills in demand to work in doctors' offices and the medi-spa industry.

After completing this course you will have gained additional professional skills, knowledge, and training that will allow you to work at an Advanced Level.

Atelier Esthetique Institute of Esthetics is the first in New York to offer this extensive Diploma Course to Licensed Estheticians and Cosmetologists, Licensed RNs, LPNs, Physicians' Assistants and Physicians.

These added studies will enable you to rise to the top of your career and increase your salary potential.

The business of esthetics is no longer a casual trade. You need education to keep up with the demands of the industry and to be able to assist dermatologists and plastic surgeons. Estheticians working in a medical setting are required to provide advanced clinical treatments for patients using high-tech ingredients and technology.

Course Offering includes:

- ADVANCED ANATOMY AND PHYSIOLOGY
- MICROBIOLOGY SAFETY & HEALTH
- ADVANCED COSMETIC CHEMISTRY
- PHARMACOLOGY
- MEDICAL TERMINOLOGY
- MEDICAL & LIFESTYLE ASSESSMENT
- NUTRITION
- MEDICALLY TREATED CONDITIONS & TREATMENT
- CLINICAL SKIN CARE AND ADVANCED FACIALS
- LED LIGHT THERAPY AND OVERVIEW OF LASERS
- ASSISTING THE PHYSICIAN

5 Weekends-Sundays & Mondays, 10:00AM - 6:00PM

FALL 9/12-10/11/10

Educational Expenses:

• Registration Fee: Non-refundable	\$ 100.00
• Educational Materials and Hand-Outs Including 8.875% Sales tax:	\$ 250.00
• <u>Tuition:</u>	<u>\$1650.00</u>
Total Cost:	\$2000.00

ITEC (International/London Diplomas)
BEAUTY SPECIALISTS AND FACIAL
ELECTRICAL TREATMENTS

Are You Interested in Working Abroad?

Atelier Esthétique Institute of Esthetics is proud to be the first American school affiliated with the International Therapy Examination Council, or "ITEC".

ITEC is the largest multi-disciplinary international examination board, issuing 28 professional diplomas that are recognized and respected by employers in more than 30 countries. ITEC's diplomas are widely considered to be the highest professional standing that an esthetician can currently hold, and they are easily transportable from country to country. Presently, they are widely considered to represent the highest esthetic quality in Europe, Asia, Australia and Africa, enabling members to work in a wide variety of spas, salons, resorts, cruise liners, TV/theatre make-up, holistic centers, clinics, medical esthetics, and other health and leisure centers worldwide.

In 2004, ITEC expanded its global span even more by introducing their education and testing program to the United States in affiliation with Atelier Esthétique Institute of Esthetics. This addition will quickly add the U.S. to the list of

countries where an international diploma is not a novelty, but a necessity for denoting excellence in esthetics. In fact, some U.S.-affiliated companies, such as Steiner Cruise Lines, which is based in Miami, are already requiring that their estheticians be ITEC-certified.

10:00AM – 6:00PM

Summer 2010

8/1-19/2010

Thurs - Mon

Fall 2010

11/1-19/2010

Mon – Fri

Course Offering Includes:

BEAUTY SPECIALISTS

MICROBIOLOGY, SAFETY AND HEALTH
ANATOMY, PHYSIOLOGY, HISTOLOGY
MEDICAL, LIFESTYLE ASSESSMENT AND
NUTRITION

ADVANCED FACIALS AND BODY TREATMENTS

ADVANCED FACIALS AND UPPER BODY MASSAGE

MASKS

ADVANCED MAKEUP

ADVANCED WAXING

PROFESSIONAL CONDUCT

FACIAL ELECTRICAL TREATMENTS

Overview of Manual and Mechanical Lymphatic
Drainage

Advanced Mechanical and Electrical Devices

Microcurrent Technology



CHEMICAL EXFOLIATION

Chemical Exfoliation Treatments, learn how to use Glycolic, Salicylic Acid, Jessner's and Enzymes

Evens skin tone, smoothes rough skin, softens fine lines, tightens pores, and reduces oiliness.

Taught in conjunction with a major Peels Company

Course Offering Includes:

Definition of Types of Exfoliation

State Regulation of Scope of Practice

Review of FDA Role in Classification Cosmetics, Drugs

Structure of the Skin, Aging, Skin Disorders, and Skin Cancer

Client Medical History, Consultation, Doc and Skin Evaluation

Precautions and Contraindication to Treatment

Indications for Treatment

Pre Treatment Protocol

Chemical Exfoliation Treatment Protocol (demonstration)

Post Treatment Protocol

Recommended Home Care and Client Follow-up

Hands-On Practice of Chemical Exfoliation Procedure

10:00AM – 6:00PM

FALL 10/30-31/2010 Saturday and Sunday

WINTER 12/5-6/2010 Sunday and Monday

Fee: \$375

Non-refundable Registration: \$25

AROMATHERAPY/ESSENTIAL OILS

Essential Oils and the Healing Process

Course Offering Includes:

History

Chemistry

Natural/Botanicals. Synthetics

Use of Essential Oils

Hands-On Practice of

AROMATHERAPY/ESSENTIAL OILS Procedure

Sunday and Monday, 10:00AM – 6:00PM

WINTER 12/12-13/2010

Fee: \$375

Non-refundable Registration: \$25

Spa-Salon-Professional Operations

Spa Management Solutions in conjunction with Atelier Esthétique Institute is Now Offering An Intensive Two-Day Certificate Seminar on Becoming a Spa Manager, Department Head or Training Director

Learn the latest techniques from one of the country's foremost experts: Tammy Pahel, President of Spa Management Solutions.

Tammy Pahel has over 17 years experience as a Spa Director for some of the largest, most renowned spas in the U.S.A., including Caesars Palace in Las Vegas, The Turnberry Isle Resort in South Florida, and Nemaocolin Woodlands in Pennsylvania. Ms. Pahel will share her wealth of knowledge and experience with you. Are you interested in managing a profitable esthetics business? This is your opportunity to learn from the best! Discover the secrets that multi-million dollar corporations are paying to learn.

Course Offering Includes:

- Interviewing/Hiring Skills
- Business and Marketing Plans
- Budgets and Financial Management
- Basic operations of the five departments within a spa
- Problem solving and conflict resolution management
- Learn about budgets, business and marketing plans, financial management, job descriptions and problem solving and much more!

Attendees will also receive \$200 worth of printed materials!

Sunday and Monday, 10:00AM – 6:00PM

FALL 10/3-4/2010

Course Fee: \$595

Microdermabrasion

Certificate 15-Hour Course

Theory and Hands-On; Written Exam

Exfoliates dead skin, Diminishes sun damage, pigmentation, open and closed comedones, fine lines and wrinkles, and coarse textured skin.

Course Offering Includes:

- Definition and Types of Exfoliation
- Introduction to Microdermabrasion
- State Regulation and Scope of Practice
- Review FDA's Role in the Classification of Machines
- Review Standard Safety Precautions
- Chemistry of Skin as it Relates to Microdermabrasion
- Client Medical History, Consultation, and Skin Evaluation
- Contraindications to Treatment
- Pre-Treatment Protocol
- Microdermabrasion Treatment Protocol (includes demonstration)
- Post Treatment Protocol
- Recommended Home Care
- Client Follow-up
- Review: Questions and Answers
- Hands-on Practice of Microdermabrasion Procedure

10:00AM – 6:00PM

SUMMER 6/27-28/2010 Sunday and Monday
SUMMER 8/29-30/2010 Sunday and Monday
FALL 11/21-22/2010 Sunday and Monday

Fee: \$375

Non-refundable Registration: \$25

Microcurrent Technology

Theory and Hands-On; Written Exam

Did you know Microcurrent treatment can:

- Trigger chemical reactions at the cellular level
- Enhance the production of natural collagen and elastin
- Immediately smooth, firm and hydrate the skin
- Reduce fine lines and wrinkles

Course Offering Includes:

- * Electricity
- * Treatments
- * Indications
- * Contraindications
- * Procedures
- * Techniques
- * Hands-on Practice of Microcurrent

Call today (800) 626-1242

10:00AM – 6:00PM

SUMMER 7/26-27/2010 Monday and Tuesday

FALL 11/15-16/2010 Monday and Tuesday

Fee: \$375

Non-refundable Registration:\$25

WAXING/SUPERFLUOUS HAIR REMOVAL

75 Hour Licensure Course for New York State License

Get all the hands on experience and learn all you need to know to become a waxing specialist, in just 75 hours. In New York State, only those with a cosmetology, esthetics, or special waxing license are permitted to perform waxing. This course is offered a few times per year.

Sunday and Monday, 6:15PM - 10:00PM

FALL 9/19-11/22/2010

Educational Expenses:

• Registration Fee: Non-refundable	\$ 100.00
• Educational Materials and Hand-Outs Including 8.875% Sales tax:	\$ 250.00
• Tuition:	\$1650.00
Total Cost:	\$2000.00

SPECIALIZED TRAINING

FOR TRAINING NOT OTHERWISE OFFERED BY
Atelier Esthétique Institute of Esthetics

**INDIVIDUAL
BY ARRANGEMENT
ON SITE \$75-\$200 PER HOUR PLUS EXPENSES
AT ATELIER \$25 -\$100 PER HOUR**

**GROUP
BY ARRANGEMENT
ON SITE \$1500 PER DAY PLUS EXPENSES
AT ATELIER \$1000 PER DAY**

**BRAZILIAN (BOYZILIAN)
BIKINI WAXING
(FOR MEN)**

10:00AM – 6:00PM

*Learn from an expert in the field!
You will learn proper positioning, draping and proven
waxing technique to ensure a successful Brazilian
Bikini Wax.*

*Students must provide their own model. Both student and
model must understand that male and female Waxing
Specialists and Estheticians will be present.**

Course Offering Includes:

Safety and Health
Skin Structure, Disorders and Diseases
Waxing Review
Pre and Post Care
Brazilian Bikini Waxing

Material is presented in lecture and clinical practice.

Tuesday, 10:00AM - 6:00PM

SUMMER 8/16/2010

FALL 11/23/2010

Fee: \$275

Non-refundable Registration Fee: \$25

***Waxing Specialists and Estheticians must have non-
strip wax experience. Please speak with Ms. Hanson
for more detail.**

**BRAZILIAN
BIKINI WAXING
(FOR WOMEN)**

10:00AM – 6:00PM

*Learn from an expert in the field!
You will learn proper positioning, draping and proven
waxing technique to ensure a successful Brazilian
Bikini Wax.*

*Students must provide their own model. Both student and
model must understand that male and female Waxing
Specialists and Estheticians will be present.**

Course Offering Includes:

Safety and Health
Skin Structure, Disorders and Diseases
Waxing Review
Pre and Post Care
Brazilian Bikini Waxing

Material is presented in lecture and clinical practice.

Tuesday, 10:00AM - 6:00PM

SUMMER 8/9/2010

FALL 11/16/2010

Fee: \$275

Non-refundable Registration Fee: \$25

***Waxing Specialists and Estheticians must have non-
strip wax experience. Please speak with Ms. Hanson
for more detail.**

EYEBROW DESIGN SPECIALIST

Certificate Course

Sunday, 10:00AM - 6:00PM

SUMMER 8/8/2010

Fee: \$275

Non-refundable Registration Fee: \$25

Taught by our Master Instructor, Ms. Nivea Cruz.

Call office for more information.